

THE 5-MINUTE SHOW-DAY DISASTER CHECK

Five checks before you leave - so the most preventable problems stay home.

1 COSTUME: MOVE, DON'T JUST LOOK

- ☐ Fasten every hook, snap, strap, tie, and closure.
- ☐ Do one shimmy, turn, arm pathway, and deep bend.
- ☐ Nothing shifts, opens, catches, or reveals more than intended.

If it fails: reinforce it now and pack the correct backup fastener.

2 MUSIC: PROVE THE BACKUP

- ☐ Play the exact file from your primary device.
- ☐ Open the backup on a second device or offline location.
- ☐ Confirm the filename and beginning are correct.

If it fails: export a fresh offline copy before leaving.

3 PROPS: COUNT THE WHOLE SYSTEM

- ☐ Prop plus case or protective cover are packed.
- ☐ Required parts, charger, or accessories are packed.
- ☐ Venue rules and space needs are confirmed.

If it fails: simplify the number before you gamble the performance.

4 LOGISTICS: REMOVE THE GUESSWORK

- ☐ Address, performer entrance, and contact are saved.
- ☐ Call time, performance time, and parking plan are known.
- ☐ Route includes a realistic buffer.

If it fails: send one concise question to the organizer now.

5 BODY + BRAIN: RESET THE BASICS

- ☐ Water, familiar snack, cover-up, and offstage shoes are packed.
- ☐ Take three slow breaths; choose one cue: Breathe, Connect, or Enjoy.

If it fails: reduce decisions. Prepared and present beats perfect.

FINAL DOOR CHECK

**MUSIC • COSTUME • PROP PHONE •
KEYS • ADDRESS**

READY FOR THE COMPLETE SYSTEM?

Get all 23 pages: packing, security checks, backups, rescue decisions, changes, and reset.

GET THE COMPLETE KIT - \$17